

# BRAIN GYM® MOVEMENT FACILITATOR: Professional Level 1

**Qualified to:** Teach the Brain Gym® movements to groups and individuals

<b>Brain Gym® Movement Facilitator Training Programme</b>			
<b>Courses &amp; hours:</b> total hours 156			
<ul style="list-style-type: none"> <li>• <b>Brain Gym® 101</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Optimal Brain Organisation</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Sensory Development module - online/home study</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Brain Gym® Movement Facilitator Instructor Training</b></li> </ul>
<ul style="list-style-type: none"> <li>• Class hours <b>32</b></li> <li>• Case study hours <b>31</b></li> <li>• No pre-requisite</li> </ul>	<ul style="list-style-type: none"> <li>• Class hours <b>21</b></li> <li>• Case study hours <b>18</b></li> <li>• Pre-requisite: Brain Gym 101</li> </ul>	<ul style="list-style-type: none"> <li>• Home study + assessment hours <b>30</b></li> <li>• Can complete before or after Brain Gym 101 or take as a standalone module</li> </ul>	<ul style="list-style-type: none"> <li>• 3 day review &amp; assessment</li> <li>• Class hours <b>24</b></li> <li>• Pre-requisite: attend 3 previous modules + complete case studies</li> </ul>
<b>Professional qualification requirement</b>			
<ul style="list-style-type: none"> <li>• Adult teaching qualification, eg PTTLS or CTTLS and insurance</li> </ul>			
<b>Completion of Brain Gym® Movement Facilitator qualification</b>			
<ul style="list-style-type: none"> <li>• Sub-licence with the Educational Kinesiology Trust</li> </ul>	<ul style="list-style-type: none"> <li>• Certificate of Qualification</li> </ul>	<ul style="list-style-type: none"> <li>• Professional Member of the Educational Kinesiology Trust</li> </ul>	<ul style="list-style-type: none"> <li>• Continuing Professional Development</li> </ul>

## EDUCATIONAL KINESIOLOGY CONSULTANT: Professional Level 2

**Qualified to:** Deliver one-to-one sessions, Brain Gym talks and short seminars

<b>Educational Kinesiology Consultant Training Programme</b>				
<b>Courses &amp; hours:</b> total hours 308 + projects				
• <b>Visioncircles</b>	• <b>Touch for Health (7 Ds Access course)</b>	• <b>7 Dimensions of Intelligence</b>	• <b>Repeat Brain Gym 101</b>	• <b>Consultant &amp; Instructor Professional Training</b>
• Class hours <b>32</b> • Case study hours <b>16</b>	• Class hours <b>30</b> • Case study hours <b>30</b>	• Class hours <b>40</b> • Case study hours <b>22</b> Written test hours <b>8</b>	• Class hours <b>32</b>	• Class hours <b>56</b>
<b>Additional requirements for professional qualification &amp; hours</b>				
• <b>Project</b>	• <b>Self-development sessions</b>	• <b>Practical applications advanced case studies</b>	• <b>Marketing materials</b>	• <b>Complete case studies</b>
• Edu-K related project - open hours	• Session hours <b>30</b>	• Case study hours <b>16</b>	• Sample marketing materials project	• Submit all case studies
<b>Completion of Educational Kinesiology Consultant qualification</b>				
• Sub-licence Agreement with the Educational Kinesiology Trust	• Certificate of Qualification	• Professional Member of the Educational Kinesiology Trust	• Professional insurance	• Continuing Professional Development

## BRAIN GYM® 101 INSTRUCTOR: Professional Level 3

**Qualified to:** Deliver the Brain Gym® 101 course

<b>Brain Gym® 101 Instructor Graduate Mentoring Programme</b>				
<b>Process</b>				
<b>• Brain Gym 101 Assist Teach Course</b>	<b>• Brain Gym 101 Graduation Course</b>	<b>• Assessment</b>	<b>• Recommendation</b>	<b>• Confirmation of qualification</b>
• Assist teach with an accredited Brain Gym 101 Instructor	• Co-teach at least 50% of the course with an accredited Brain Gym 101 Instructor	• Mentor Instructor provides a written assessment of key points for discussion with the trainee	• The recommendation is submitted to Faculty for final approval.	• Confirmation of qualification by Faculty
<b>Completion of Brain Gym® 101 Instructor qualification</b>				
• Sub-licence Agreement with the Educational Kinesiology Trust	• Certificate of Qualification	• Professional Member of the Educational Kinesiology Trust	• Professional insurance	• Continuing Professional Development